## TogetheriCan

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## RELATIONSHIPS, THE IMPORTANCE OF



Relationships and how they affect us

A relationship requires an audience of two. Even if that audience is with ourselves and the conversations we have are with the committee in our mind.

Relationships are often skewed by the way individuals approach them.

If one person is presenting an honest and open mind and the other person a façade or something they think the other person wants to see, the relationship will not be a true one. Any relationship based on faults or non-reality is doomed for failure.

What is true about relationships is we become the average of the five people we hang around with the most. We pick up traits, habits, ideas, and physical attributes from those that we have relations with.

Many relationships based on irrational thinking or on pure emotions will generally lead to serious conflicts and misunderstandings.

If you are pretending to be something which you are not, that fake reality may at some time become real. Lies told often enough somehow become truths in the minds of those who behold them. By the same token if someone in your life is feeding you lies and unreality just to get you to like them, the relationship is doomed to failure.

There is one relationship that I highly recommend. That is a relationship with God, the creator of all things, including you.

God by definition came before all things, nothing was before it, him, her. God by definition is Spirit so therefore cannot have a gender. God by definition is perfect, just, honest, and loving.

Time is something that does not exist for God. Acknowledge that he sees / views the entire parade at once. The beginning, the middle, and the end. That also implies that he sees your entire life all at one time.

For me it sounds like a good character to have on our side. Establishing a relationship is easy, acknowledge that He exists. Acknowledge the fact that he is real and has control of the universe and everything in it.

If you establish that relationship, the attributes of being Perfect, Just, Honest, and Loving will rub off on you. The better and more complete the relationship the more those character attributes will manifest.

After you have established that relationship with him, ask him to guide you to those who will have a positive impact on your life.

Allow that guidance to happen and find your life blossoming, opening, becoming more serene and peaceful every day.

However if you are happy with strife, discord, competition, challenges, continue your path. May God go with you!

If you would like a relationship with us, we provide Free health coaching, which is available through "Together i Can."

*Michael McCright* Free Health Coaching – provided by the "Together i Can Group" Togetherican.com October 19, 2016