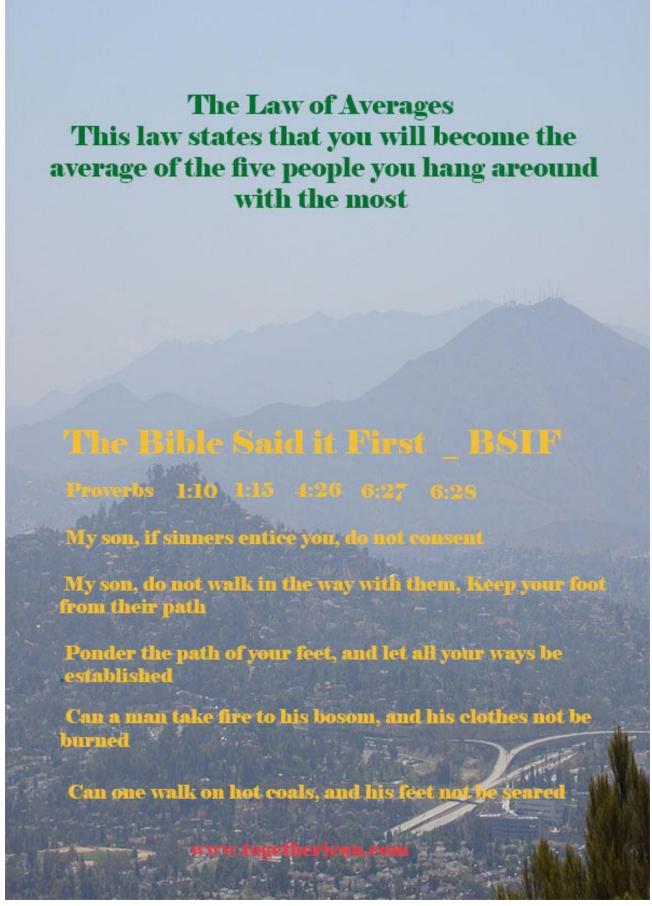
## **TogetheriCan**

**25**March

**TRUTHS** 



## **Truths**

A truth: gravity

- what goes up must come down when gravity is present.

A truth: change, the only consistent process in life.

This is also known as the Law of Cycles, the Law of Impermanence, the Law of Being Temporary.

Truth: there is a God, you ain't it

Truth: what you resist persists

Truth: you become the average of the five people you hang around with the most

## Michael McCright

Free Health Coaching – provided by the "Together i Can Group" Togetherican.com April 27, 2016